



MENU

THE DAILY

FROM NOVEMBER 2023

DAILY FRESH BAKERY, CAFE, RESTAURANT & DELICATESSEN 8:00AM TO 9:00PM

BREAKFAST (SERVED ALL DAY)

Granola and Yoghurt R72
add fruit +R9**Soft Polenta**
with almond praline butter,
strawberry, banana & vanilla syrup R93**Free Range Scrambled Eggs on
Croissant**
with roasted baby tomato and pesto R85**On The Go**
2 free range eggs, beef chipolata,
tomato, toast & cafe americano R68
with cappuccino +R9**Traditional English Breakfast**
2 free range eggs, bacon, mushrooms,
fried tomato & toast R105**"Italo's Full House"**
2 free range eggs, bacon, beef
chipolata, mushrooms, courgette,
potato hash & toast R156**Eggs Benedict On Toasted Ciabatta**
with spinach & sauce hollandaise R115
with bacon R123
with salmon R140**French Toasted Croissant**
with banana, vanilla syrup & cinnamon
sugar R98
with bacon R106**Sweetcorn Fritters**
with herb cream cheese, avo salsa &
rocket R102
with bacon R125
with salmon R140**Breakfast Wrap**
with egg, tomato & bacon R85**Omelette Plain** R60with gypsy ham, cheddar, tomato
& rocket R95with pan fried mushrooms, cheddar
cheese, tomato & rocket R93

FRESH JUICES

Orange**Apple****Carrot, Apple & Orange Mix****Red Mix: Beetroot & Carrot****Green Mix: Apple, Cucumber & Celery** R47**Ginger Shot** R24

add Celery or Spinach or Ginger +R12

SMOOTHIES

Berry R48**Mango** R48**Banana & Peanutbutter** R48

MILKSHAKES

Vanilla R45**Chocolate** R45**Strawberry** R45**Mint** R45

CLASSIC TOASTIES

Chicken & Mayonnaise
with gherkins R82**Cheddar Cheese & Tomato**
with fresh basil R72**Cheese & Bacon** R72**Smashed Avocado** with lime salsa R75**Caprese**
with tomato, mozzarella & basil pesto R75**Ham, Cheese & Tomato** R72**Mushrooms & Poached Egg** R92**Salmon & Avocado** with tomato salsa R98

LUNCH, BRUNCH & DINNER

(FROM 12PM)

Soup (served with fresh ciabatta)

Butternut, Miso, Ginger & Lime	R82
Minestrone	R82
Curried Lentil, Tomato & Coconut	R82
Starter Portions	R59

180g Steak Sandwich

with thick cut chips, sauce hollandaise, BBQ or house ketchup	R152
add stirfried vegetables	+R20

Quiche & Salad

Bacon	R82
Spinach & Feta	R82

Grilled Cajun Chicken Breast

with stirfried vegetables	R88
---------------------------	-----

Panini (Ciabatta Sandwiches)

Italo's Panini

Italian Mozzarella, marinated peepers, caramelised onions, roast tomatoes, chargrilled artichokes & pesto mayo	R105
--	------

Peggy's Panini

Roast beef, carpaccio mayo, caramelised onions & rocket	R100
--	------

Luca's Panini

Herbed chicken breast, aioli, chargrilled artichokes & rocket	R93
--	-----

Porchetta Panini

Umbrian style slow roasted pulled pork, caper mayonnaise & caramelised onions	R100
--	------

WEDNESDAY

WINE ON THE HOUSE

SPECIAL

ORDER TWO MAINS

(PIZZA, PASTA, SALAD)

FOR 2 PEOPLE AND GET 2

GLASSES OF ITALO'S HOUSE

WINE FOR FREE

SIT-DOWN ONLY | FROM 5PM

SALADS

Burrata Salad

imported burrata on a bed of zucchini ribbons, roasted rosa tomatoes, topped with pesto & roasted pine nuts	R159
---	------

Caesar Salad

the vegetarian classic	R98
add Bacon or Avo or Chicken	+R22

Smoked Salmon & Avocado

horseradish crème, egg, beet shavings, pickled cucumber, caper berries, green beans & seeds	R136
---	------

Quinoa Health Bowl

tender stem greens, baby corn, roasted seeds & avo	R115
---	------

Nourish Bowl

green herb quinoa, toasted seeds, chickpea, butternut, feta, grilled corn, broccoli & mint yoghurt	R107
--	------

Cajun Chicken

baby leaves, tomatoes, roasted peppers, pumpkin and sesame seeds, baby marrow, goats cheese & butternut	R107
--	------

Tonna Insalata

tuna, mixed leaf salad, peppers, tomatoes, cannell beans, cucumber & red onion	R98
--	-----

WRAPS

Quinoa Wrap tender stem greens, baby corn, roasted seeds & avo	R102
--	------

Nourish Wrap green herb quinoa, roasted seeds, chickpea, butternut, feta, grilled corn, broccoli & mint yoghurt	R102
--	------

Chicken Wrap	R85
---------------------	-----

Egg, Tomato & Bacon	R85
--------------------------------	-----

KIDS

Crumbed Chicken Strips	R49
-------------------------------	-----

French Fries	R35
---------------------	-----

Hawaiian Pizza	R72
-----------------------	-----



PASTA

Penne Vesuvio slow cooked Neapolitana sauce, rocket, pesto, chilli & parmesan	R139 R92
Penne Carbonara	R139 R92
Spinach & Ricotta Ravioli with creamy tomato & basil sauce	R139 R92
Penne Salsiccia with spicy italian sausage sauce	R115 R87
Pasta Alfredo with cream & mushrooms	R115 R87
Beef Lasagne with side salad	R125
Aubergine Parmigiana with side salad	R115

DESSERT

Italo's Brownie add ice cream	R35 +R10
Florentine	R45
Italo's Millionaires Shortbread	R38
Italo's Carrot Cake Slice	R48
Italo's Cheese Cake Slice	R54
Scone with jam & cream	R35 R58
Dom Pedro	R58

PIZZA

(GRANDE 30CM | SIGNORITA 20CM)

Margherita Napolitana Sauce & Mozzarella	R90 R65
Regina Ham, Mushroom & Mozzarella	R132 R110
Melanzane di Parmigiana Grilled Aubergine, Tomatoes, Parmesan & Basil	R140 R118
Salami Salami, Feta, Pepperdews & Mozzarella	R140 R118
Italian Sausage Roasted Mixed Peppers, Fresh Tomatoes, Sausage Meat & Basil	R140 R118
Buffalo Mozzarella Italian Mozzarella, Tomatoes & Basil	R140 R118
Quattro Stagioni Chargrilled Artichokes, Mushrooms, Mozzarella, Olives & Ham	R140 R118
Butternut Caramelised Onions, Avo, Feta, Rocket & Butternut	R135 R115
Additional Toppings	
Cheddar, Feta, Capers, Chili, Caramelised Onions, Cherry Tomatoes, Garlic, Mushrooms, Olives, Rocket, Pineapple, Avo, Basil Pesto, Mozzarella	R25
Salami, Ham, Anchovies, Grilled Aubergine, Bacon, Chargrilled Artichokes	R28

Exotic Funghi Mixed Mushrooms, Caramelised Onions & Thyme	R140 R118
Siciliano Anchovies, Capers, Olives, Mozzarella, Tomatoes & Rocket	R140 R118
BBQ Chicken Napolitana Sauce, Mozzarella, Pineapple, Chicken & Caramelised Onions	R132 R110
Hawaii Napolitana Sauce, Mozzarella, Ham & Pineapple	R140 R118
Porchetta Napolitana Sauce, Mozzarella, Jalapeño, Pineapple & Pork Belly	R140 R118
Parma Ham Napolitana Sauce, Mozzarella, Parma Ham, Parmesan Shavings & Rocket	R140 R118
Bacon & Avo Napolitana Sauce, Bacon, Feta & Avocado	R140 R118

MONDAY

PIZZA SPECIAL

AFTER - WORK - PIZZA SPECIAL:

ALL PIZZAS ONLY R100

AVAILABLE FOR SIT-DOWN AND TAKE-AWAY

FROM 4PM - 9PM

CHARCUTERIE BOARDS

CHEESE

Selection of 5 artisanal South African cheeses
with Olives | Condements | Ciabatta

R130

ITALIAN MEATS

Selection of 4 Italian meats
Salami | Prosciutto | Mortadella | Bresaula
with Olives | Condements | Ciabatta

R125

CHEESE & MEATS

Selection of 3 artisanal South African Cheeses |
Salami | Prosciutto | Mortadella
with Olives | Condements | Ciabatta

R135

THURSDAY SPECIAL

GET A GLASS OF ITALO'S
HOUSE RED/WHITE WINE
FOR FREE WITH EVERY
CHARCUTERIE BOARD

HOT BEVERAGES

Espresso R24|R28
Americano R28
Flat White R29|R32
Cortado R30|R32
Latte Macchiato R32|R35
Mokkachino R35
Dirty Chai R38
Hazelnut Latte R38
Hot Chocolate R32
Nutella Hot Chocolate R38
Chai Latte R32
Almond, Soy or Oat Milk +R9

Red Espresso R35
Red Cappuccino R38
Red Latte R38
Red Chai Latte R38
Ginsang hot | iced R35
Iced Coffee R48

Pot of Tea
Ceylon | Earl Grey | Rooibos |
English Breakfast R28|R32
Loose Leaf Tea
Japanese Green Sencha | Peppermint
Leaves | Wild Forest Berry Infusion |
Pear & Cinnamon R32

